



# Communities and Schools Promoting Health

A Gateway to information on comprehensive school health (CSH) and health promoting schools (HPS)  
Providing links to research, reports, how-to manuals, planning & assessment tools, lesson plans and student webquests

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List of Resources/Research

## Youth Engagement Through Schools: Mentoring/Coaching Programs



### Background Information

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- [Research/Reports/Initiatives](#)



### Policy/Program Development

- [Working With Youth](#)
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- [Planning/Assessment Tools](#)



### Comprehensive Programs

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### Whole School Programs

- [School Climate/Policies](#)
- [Staff/Volunteer Training](#)
- [Consulting Students](#)
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### Instructional Programs

- [Active Learning](#)
- [Project-based Learning](#)
- [Online Learning](#)
- [Community Service Learning](#)



### Social Support

- [Peer Helper Programs](#)
- [Student Leadership Programs](#)
- [Student Clubs/Sports](#)
- [After School Programs](#)
- [Mentoring Programs](#)



### Youth Services

- [Empowering/Friendly](#)

School-based or school-linked mentoring, coaching and tutoring programs are effective strategies to engage and empower youth. The degree to which younger and older people can cooperate will be an important factor in mentoring programs, so inter-generational programs are the subject of recent work in this area. This page lists several planning guides, research summaries and other resources.

[Explanations](#), [Evidence](#), [Planning/Best Practices Guides](#), [Assessment /Evaluation Tools](#), [Online Training/Training Programs](#), [Programs/Materials](#), [Examples](#)

### Explanations (Summaries, Articles, Fact Sheets)

[Mentoring - Welcome and Introduction](#) (Mentor/Peer Resources Inc.)  
[Learn About Mentoring](#) (Mentor/Peer Resources Inc.)  
[School-based Mentoring Program Models](#) (National Mentor Center)  
[Mentoring](#) (Mentor Canada)  
[Mentoring School-Age Children](#) (The National Mentoring Partnership)  
[School-based Mentoring: What and Why](#) (The National Mentoring Partnership)  
[The Diversity of Mentoring](#) (Search Institute)  
[Consumer Guide to Mentoring](#) (Office of Education Research)  
[Mentors](#) (North Central Regional Educational Laboratory)  
[What is Coaching?](#) (Peer Resources Inc.)  
[What is Intergenerational Practice?](#) (Centre for Intergenerational Practice)  
[Intergenerational Programming](#) (United Generations Ontario)

### Evidence

[Student Mentoring](#) (Northwest Regional Educational Laboratory)  
[School-based Intergenerational Programs](#) (UNESCO Institute for Education)  
[A Report on the Ontario Mentoring Experience](#) (United Generations Ontario)  
[Mentoring Programs and Youth Development](#) (McConnell Foundation)  
[Assessing the Potential of Ementoring](#) (National Mentoring Center)  
[Mentoring: A Promising Strategy for Youth Development](#) (Child Trends)  
[Child Health: Mentoring Makes a Difference](#) (The Commonwealth Fund)  
[Mentoring-A Proven Delinquency Prevention Strategy](#) (US Department of Justice)  
[Juvenile Mentoring Program](#) (US Department of Justice)

### Planning/Best Practices Guides

[Considerations in Planning an Intergenerational Program](#) (United Generations Ontario)  
[Foundations of Successful Youth Mentoring: A Guidebook](#) (National Mentoring Center)  
[The 16 Steps to Effective Youth Mentoring](#) (Mentor Consulting Group)  
[Contemporary Issues In Mentoring](#) (Public/Private Ventures)  
[The ABCs of School-based Mentoring](#) (National Mentoring Center)  
[Recruiting Mentors](#) (National Mentoring Center)  
[Building Relationships : A Guide For New Mentors](#) (National Mentoring Center)  
[Training New Mentors](#) (National Mentoring Center)  
[Supporting Mentors](#) (National Mentoring Center)  
[Same-Race and Cross-Race Matching](#) (Public/Private Ventures)  
[Mentoring Sexual Minority Youth](#) (National Mentoring Center)  
[Starting a Mentoring Program](#) (Evaluation Management Training)  
[How to Develop an Operations Manual for Your Mentoring Program](#) (Evaluation Management Training)  
[Best Practices in Mentoring Programs](#) (Evaluation Management Training)  
[Going to Market: Marketing Concepts for Mentoring Programs](#) (Evaluation Management Training)  
[Mentoring Essentials: Risk Management for Mentoring Programs](#) (Evaluation Management Training)  
[Responsible Mentoring: Talking About Drugs, Sex and Other Difficult Issues](#) (Evaluation Management Training)

### Key Resources



### Mentors/Peer Resources

- [Summary/Introduction](#)
- [Learn About Mentoring](#)
- [Top Mentor Publications](#)
- [Mentor Canada](#)



### United Generations Ontario

- [Considerations in Planning](#)



### Counselling Foundation of Canada

- [Peers as Mentors](#)
- [National Mentoring Center](#)
- [Student Mentoring](#)
- [Assistance Packets](#)
- [Sample Forms](#)



### UNESCO Institute for Education

- [School-based Intergenerational Programs](#)

- **Crisis/Help Lines**
    - [Sustaining Program Viability](#) (Evaluation Management Training)
    - [Website Developed for Mentoring Programs](#) (National Mentoring Center)
  - **Advisory Services**
    - [Mentoring In Schools](#) (US Department of Education)
    - [Peers as Mentors](#) (Counselling Foundation of Canada)
    - [Tutoring Best Practices](#) (National Service Resource Center)
    - [How To Select A Coach](#) (Peer Resources)
  - **Employment/Education Services**
    - [Assessment /Evaluation Tools](#)
  - **Personal Counseling/Support**
    - [Evaluating a International Program](#) (United Generations Ontario)
    - [Measuring the Quality of Mentor-Youth Relationships](#) (National Mentoring Center)
    - [Self Evaluation Workbook...](#) (Information Technology International)
- Online Training/Training Programs
- [Learn to Mentor](#) (The National Mentoring Partnership)
  - [Strengthening Mentoring Programs](#) (National Mentoring Center)
- Programs/Materials
- [Top Mentoring Programs](#) (Peer Resources)
  - [E-Mentoring Resources](#) (National Mentoring Center)
  - [Bulletin](#) (National Mentoring Center)
- Examples
- [Dream Big](#) (Junior Achievement & Tiger Woods Foundation)
  - [Mentorship](#) (YWCA Vancouver)
  - [Knitting Generations Together](#) (United Generations Ontario)
  - [School Grandparenting Program](#) (Volunteer Grandparents Society of Canada)
  - [Youth in Motion](#) (Women in Motion)
  - [Alberta Mentor Foundation for Youth](#)
  - [Prometheus Project](#) (Big Brother, Big Sisters)
  - [Juvenile Mentoring Program](#) (US Department of Justice)
  - [telementor.org](#) (International Telementor Program)

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