



# Communities and Schools Promoting Health

A Gateway to information on comprehensive school health (CSH) and health promoting schools (HPS)  
 Providing links to research, reports, how-to manuals, planning & assessment tools, lesson plans and student webquests

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## Youth Engagement Through Schools: Key Organizations



### Background Information

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- [Research/Reports/Initiatives](#)



### Policy/Program Development

- [Working With Youth](#)
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- [Planning/Assessment Tools](#)



### Comprehensive Programs

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- [Community and School](#)



### Whole School Programs

- [School Climate/Policies](#)
- [Staff/Volunteer Training](#)
- [Consulting Students](#)
- [Student Representatives](#)



### Instructional Programs

- [Active Learning](#)
- [Project-based Learning](#)
- [Online Learning](#)
- [Community Service Learning](#)



### Social Support

- [Peer Helper Programs](#)
- [Student Leadership Programs](#)
- [Student Clubs/Sports](#)
- [After School Programs](#)
- [Mentoring Programs](#)



### Youth Services

- [Empowering/Friendly](#)

### National School-Linked Organizations

- [Canadian Association of Student Activity Advisers \(CASAA\)](#)  
CASAA's mission is to promote and develop student leadership and activities within Canadian high schools.
- [Mentors - Peer Resources](#)  
Excellent resources, newsletters, research on peer helper and mentoring programs.
- [Canadian Intramural Recreation Association \(CAHPERD\)](#)  
Several resources for teachers on intramural activities.
- [Canadian Counselling Association \(School Counsellors Group\)](#)  
CCACC is a national organization dedicated to the enhancement of the counselling profession in Canada.
- [Canadian Association of Principals \(CAP\)](#)  
Administers [student leadership awards](#) sponsored by Premier, publisher of [student agendas](#) and other [student leadership programs](#).
- [Canadian Association for School Health \(CASH\)](#)  
Published a review of the [research](#) and [case studies](#) of youth involvement.

### Federal/National

- [Canadian Health Network \(Youth Section\)](#)  
Screens and catalogues web-based information and specific [FAQs](#) for youth.
- [Health Canada \(Childhood and Adolescence\)](#)  
Funds research, promotes youth participation through the [National Plan of Action](#) and publishes [Voices and Choices](#), a student health needs assessment and planning tool.
- [The School Health Research Network](#)  
Developing a framework and research program on the school environment.
- [Centre of Excellence on Youth Engagement/Tiny Giant Magazine/The Students Commission](#)  
The Centre produces reports, the [TG Magazine](#) publishes a magazine and web-based projects and the [Students Commission](#) organizes conferences and youth training.
- [Centre of Excellence for Child and Youth Centred Prairie Communities](#)  
Developing knowledge on youth-friendly communities.
- [Canadian Association for Adolescent Health](#)  
Promotes youth-friendly services and professional training.
- [McCreary Centre Society](#)  
Promotes youth action and participation.
- [TeenNet](#)  
Developing youth websites on health.
- [Youth Path](#)  
Lists federal youth services, research, mostly employment related.

### Foundations with an interest in youth engagement

### Key Resourcers



### Voices & Choices

- [An Assessment/Planning Tool](#)



### United Nations/Health Canada

- [A Statement on Youth Participants](#)
- [Canada's Plan of Action](#)
- [Report on Canada's Progress](#)



### Canadian Association for School Health

- [Organization Self-Assessment Tool](#)
- [Research Summary](#)



### Canadian Association of Principals

- [Student Leadership Awards](#)



### CAHPERD

- [Spirit of Sports Awards](#)

### Canadian Active Living Challenge

- [Student Leadership Program \(CIRA\)](#)

### Playground Leadership Program (CIRA)

- [Health in Perspective \(CIRA\)](#)



### CASAA

- [Leadership Handbook](#)
- [Student Activity Sourcebook](#)
- [Making It Work](#)



### Centre of Excellence on Youth Engagement

- [Crisis/Help Lines](#)
- [Advisory Services](#)
- [Employment/Education Services](#)
- [Personal Counseling/Support](#)

- [Laidlaw Foundation](#)  
Promotes youth engagement and evaluation of youth participation programs.
- [McConnell Foundation](#)  
Supporting pilot on school-based youth participation.

#### Youth-led Organizations in Canada

- [Aboriginal Youth Network](#)  
Promotes online, aboriginal youth participation.
- [Canadian Youth Foundation](#)  
Several programs to empower youth in career development.
- [National Rural Youth Network](#)  
Provides feedback to federal government on policies affecting rural youth.
- [Institute on Governance](#)  
Research and articles on youth participation in school boards.
- [Youthfluence](#)  
Seeks to bridge the gap between youth and decision-makers.
- [deal.org](#)  
Educating and empowering youth to make life choices.
- [National Youth in Care Network](#)  
Voices of youth in care and custody.
- [Katimavik](#)  
Promotes youth community service in Canada and the world.
- [You Can](#)  
Preventing conflict, promoting healthy relationships.
- [Youth Round Table on the Environment](#)  
Advises Environment Canada on their programs.

#### International Organizations

- [The Free Child Project](#)  
Directory of youth advocacy organizations around the world.
- [Carnegie Young People Initiative](#)  
Provides youth involvement in public decision-making.
- [National Institute on Out-of-School Time](#)  
Research and advice on involving youth in after school programs.
- [Youth Works](#)  
Research and guides on involving youth.
- [National 4-H Council](#)  
Promotes rural youth participation.
- [Youth Development Strategies, Inc.](#)  
Research and training in youth development.
- [Forum for Youth Investment](#)  
Policy-oriented research and summaries.
- [www.soundout.org](#)  
Dedicated to student engagement in schools.
- [Youth Leadership Institute](#)  
Promoting student engagement with research and programs.
- [The Breakthrough Collaborative](#)  
Promotes self-directed and student-led teaching in high schools.

*This summary has been prepared with funding provided by the  
Population Health Fund, Health Canada*

- [Fostering Engagement in Schools Planner](#)
- [Youth Engagement and Health Outcomes](#)
- [Survey of Youth-Serving Organizations](#)
-  [McGill University](#)
- [Student Engagement in Learning and School Life](#)

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