



Communities and Schools Promoting Health

A Gateway to information on comprehensive school health (CSH) and health promoting schools (HPS)
Providing links to research, reports, how-to manuals, planning & assessment tools, lesson plans and student webquests

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List of Resources/Research

Youth Engagement Through Schools: After-School Programs

Background Information

- Key Organizations
- Research/Reports/Initiatives

This section provides links to several web-based documents defining and describing after-school programs. These documents describe the many potential programs that can be organized on schools and in the community after school.

Also see pages on Peer Helper Programs, Student Leadership Programs and Student Clubs/Sports Programs for specific types of after-school programs.

Policy/Program Development

- Working With Youth
- Policy Models
- Planning/Assessment Tools

[Explanations](#), [Evidence](#), [Planning/Best Practices Guides](#), [Assessment/Evaluation Tools](#), [Online Training/Training Programs](#), [Programs/Materials](#), [Examples](#)

Explanations (Summaries, Articles, Fact Sheets)

[Out of School Time: Theory and Practice](#) (Harvard Family Research Project)
[Educational Leadership](#) (ASCD)
[Child Care After Hours](#) (Today's Parents)
[Critical Hours](#) (Nellie Mae Education Foundation)
[Out-of-School Youth Development Programs for Young Adolescents](#) (National Institute on Out-of-School Time Center for Research on Women)
[The Promise of After-School Programs](#) (Educational Leadership)
[What Works: Components of Exemplary After-School Programs](#) (US Department of Education)
[Enriching Children's Out-of-School Time. ERIC Digest](#) (ERIC Clearinghouse on Elementary and Early Childhood Education)
[The Benefits of Schools as Community Learning Centers](#) (US Department of Education)

Comprehensive Programs

- Community-based
- Community and School

Whole School Programs

- School Climate/Policies
- Staff/Volunteer Training
- Consulting Students
- Student Representatives

Evidence

[Evaluating Municipal Out-of-School Time Initiatives](#) (Harvard Family Research Project)
[After-School Programs that Promote Child and Adolescent Development](#) (The National Academies Press)
[Beyond the Basic](#) (Harvard Family Research Project)
[The Evaluation Exchange Special Report on the 21st Century Community Learning Centers Program National Evaluation](#) (Harvard Family Research Project)
[Learning From Evaluation: Lessons From After School Evaluation in Texas](#) (Harvard Family Research Project)
[United Way Task Force Call for Improved Access to Community Spaces](#) (United Way)
[Opening the Doors: Making the Most of Community Space](#) (United Way)
[Children's School Readiness is Influenced by their Neighbourhood](#) (Human Resources Development Canada)
[Centre for Studies of Children at Risk](#)
[Characteristic: Climate for Inclusion](#) (North Central Regional Educational Laboratory)
[After-School Programs](#) (AskERIC)
[Moving an Out-of-School Agenda](#) (The Forum for Youth Investment)
[Promoting Positive Youth Development as a Support to Academic Achievement](#) (After-School for All Partnership)
[Urban After-School Programs: Evaluations and Recommendations. ERIC Digest](#) (ERIC Clearinghouse on Urban Education)
[Financing School-Age Out-Of-School Time Programs with Welfare Related Funding](#) (Welfare Information Network)
[Evaluations to Watch](#) (Harvard Family Research Project)
[Supporting Effective After School Programs: The Contribution of Developmental Research](#) (Harvard Family Research Project)

Instructional Programs

- Active Learning
- Project-based Learning
- Online Learning
- Community Service Learning

Social Support

- Peer Helper Programs
- Student Leadership Programs
- Student Clubs/Sports
- After School Programs
- Mentoring Programs

Youth Services

- Empowering/Friendly

Planning/Best Practices Guides

[Resources for After-School Programming](#) (North Central Regional Educational Laboratory)

Key Resourcers

- Resources for After-School Programming (North Central Regional Educational Laboratory)
- Beyond the Bell: A Toolkit for Creating Effective After-school Programs (North Central Regional Educational Laboratory)
- Sears/ Boys & Girls Clubs of Canada
- United Way Task Force Call for Improved Access to Community Spaces (United Way)
- Critical Hours (Nellie Mae Education Foundation)
- After-School Grants Program (RBC Financial Group)
- Company Grants (State Farm Insurance)
- Evaluating Municipal Out-of-School Time Initiatives (Harvard Family Research Project)
- Statistics on Facilities Use (Canadian Fitness and Lifestyle Research Institute)
- National Evaluation of US Program (Harvard Family Research Project)
- Educational Leadership (ASCD)
- Safe Places to Learn and Grow (Ontario's Promise)
- Guide to Evaluate Programs (Harvard Family Research Project)
- Demonstrating Progress and Results (Harvard Family Research Project)
- A Guide to Continuous Improvement Management (US Department of Education)

- [Crisis/Help Lines](#) [Beyond the Bell: A Toolkit for Creating Effective After-school Programs](#) (North Central Regional Educational Laboratory)
- [Advisory Services](#) [A Guide to Continuous Improvement Management](#) (US Department of Education)
[Promising Practices](#) (Harvard Family Research Project)
- [Employment/Education Services](#) [Promising Practices](#) (Harvard Family Research Project)
[Does Youth Participation in Out-of-School Time Activities Make a Difference?](#) (Harvard Family Research Project)
- [Personal Counseling/Support](#) [Afterschool Action Kit](#) (Afterschool Alliance)
[Principals and After School Programs](#) (Belden Russonello & Steward)
[Afterschool.gov](#)
[Characteristic: Coordination With the Regular School Day Learning Program and Community Partners](#) (North Central Regional Educational Laboratory)
[Characteristic: Community Partnerships](#) (North Central Regional Educational Laboratory)
[Characteristic: Recreational Programming](#) (North Central Regional Educational Laboratory)
[Characteristic: Focus on At-Risk Students](#) ((North Central Regional Educational Laboratory)
[Characteristic: Culturally Sensitive Climate](#) (North Central Regional Educational Laboratory)
[Characteristic: Facilities Management](#) (North Central Regional Educational Laboratory)
[Characteristic: Funding](#) (North Central Regional Educational Laboratory)
[Characteristic: Safe and Health Environment](#) (North Central Regional Educational Laboratory)
[Characteristic: Leadership and Governance](#) (North Central Regional Educational Laboratory)
[Characteristic: Parent Involvement](#) (North Central Regional Educational Laboratory)
[Characteristic: Evaluation Design](#) (North Central Regional Educational Laboratory)
[Characteristic: Linkages Between After-School, Regular School, and Community Partner Personnel](#) (North Central Regional Educational Laboratory)
[Characteristic: Volunteers](#) (North Central Regional Educational Laboratory)
[Annotated Bibliography](#) (North Central Regional Educational Laboratory)
[Financing and Sustaining Out-of-School Time and Community School Initiatives](#) (Out-of-School Time Project)
[Planning and Operating After-School Programs](#) (SEDL)



[Extra Learning Opportunities that Encourage Healthy Lifestyles](#) (National Governors Association)

Assessment /Evaluation Tools

[Soaring Beyond Expectations](#) (21st Century Community Learners)
[Annual Performance Report](#) (US Department of Education)
[Promising Practices](#) (Harvard Family Research Project)
[Evaluating the 21st Century Community Learning Centers Program - A View From the States](#) (Harvard Family Research Project)
[Improving Bradenton's After School Programs Through Utilization-Focused Evaluation](#) (Harvard Family Research Project)
[The Challenges and Strategies of Evaluating Community - Wide After School Programs](#) (Harvard Family Research Project)
[Logic Models in Out-of-School Time](#) (Harvard Family Research Project)
[The Out-of-School-Time Program Evaluation Database](#) (Harvard Family Research Project)
[Resources and Publications](#) (Harvard Family Research Project)
[Beyond the Head Count. Evaluating Family Involvement in Out-of-School Time](#) (Harvard Family Research Project)
[Why, When and How To Use Evaluation](#) (Harvard Family Research Project)
[Learning from Logic Models In Out-Of-School Time](#) (Harvard Family Research Project)
[Demonstrating Progress and Results](#) (Harvard Family Research Project)

Online Training/Training Programs

[Beyond the Basic](#) (Harvard Family Research Project)
[Bringing Yourself to Work: Caregiving in After-School Environments](#) (Bringing Yourself to Work)

Programs/Materials

Examples

[Sears/Boys & Girls Clubs of Canada](#)
[After-School Grant Programs](#) (RBC Financial Group)
[Company Grants \(State Farm Insurance\)](#)
[After School Programs in Vancouver \(Pieta Goudron\)](#)
[HIGH FIVE recognized by province as quality standard \(Park & Recreation Ontario\)](#)
[Current Programs](#) (Frontier College at the University of PEI)
[Programs](#) (21st Century Community Learning Centers)
[Child Care Bureau Promotes Linkages that Support School-Age Child Care](#) (Child Care Bulletin)

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