



A document for use in the webquest: **Puberty/Adolescence Today and Yesterday**

Research Report on Puberty/Adolescence Today

You are required to read several articles as part of this webquest. To keep notes on these readings, you should refer to Section 3.1 of your Personal Health Journal to see how you should be taking notes and reflecting on your reactions to the readings as you do them.

Later in this webquest, you will be using this research to write an autobiography (about yourself). You will use the Workbook It's All About Me, which you can find linked to this webquest, as the basis for taking notes as you read through the materials. You may want to look at that workbook before you begin this research assignment

You should also review the criteria that will be used to evaluate your research report. Those criteria are also linked to this webquest.

As you read these materials, you are seeking to answer these important questions:

1. What are the major social and psychological changes that young people experience in puberty?
(Pages on www.sexualityandu.ca web site)
2. How do young people form long-term goals for themselves?
(Life/career planning pages on the Canadian Heritage website)
3. What kinds of experiences, challenges and risks ("developmental tasks") do young people need to experience in order to mature?
(Chart from American Academy of Child and Adolescent Psychology)
4. What constitutes a successful transition through adolescence? What/who influences and supports a successful transition?
(Health Canada web site on Growing Healthy Kids)
5. How do young people form the values that will guide them through life?
(Reports from Penn State University Students)
6. What new and different challenges are young people facing today?
(Paper from the Vanier Institute)

If you are working in a group, you can assign different readings to different members of the group. However, you need to report back to the group on your findings and all members of the group need to know and understand what each of the sources said about each of the six major questions.

Your research report should be about 20 pages in length, (Check with your teacher for further details and specific requirements)