



Student Webquest on Birth Control (Contraception) Basics

Student Worksheet

In a chart like the one provided below, describe the different methods of birth control, their effectiveness in preventing pregnancy and infection, how they should be used, their practicality (especially for teens and any other important information). Please provide that information in your own words.

Method of Contraception	Effectiveness	How to use them	How Practical are they for young people?	Other Info about this method

In the last two columns in the chart, explain how the information in your chart helps you to understand and to explain these three concepts

- Choice: an opportunity to decide between options
- Informed Choice: an option to choose once you have truly understood all aspects of the options and how they could be meaningful to you
- Meaningful Access to Choice: an option that is realistically available to you or is truly a practical option for you.